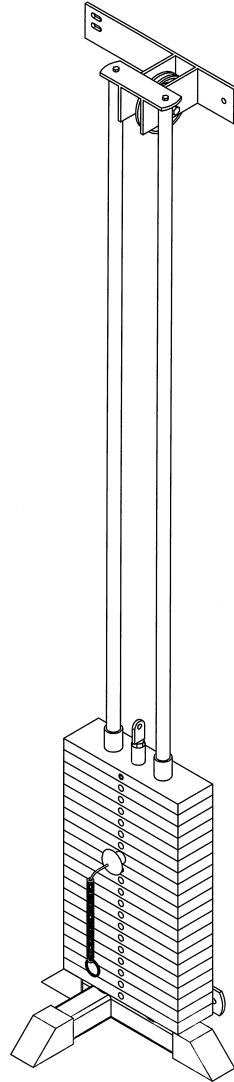


DF835

WEIGHT STACK ATTACHMENT

Assembly Manual

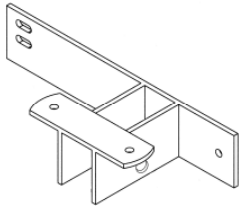


(888) 258-0533

FOR YOUR SAFETY READ ALL INSTRUCTIONS CAREFULLY

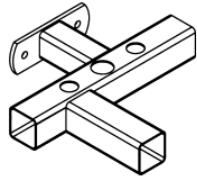
*NOTE IF YOU ARE MISSING HARDWARE OR HAVE ANY FIT UP PROBLEMS PLEASE CONTACT DELTECH FITNESS TOLL FREE (888) 258-0533

COMPONENTS



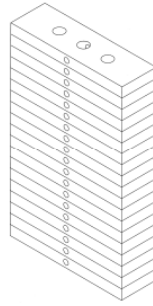
A

UPPER PULLEY
FRAME
QTY 1



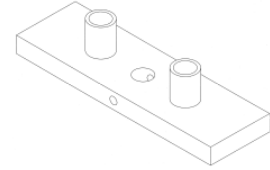
B

BOTTOM FRAME
QTY 1



C

WEIGHT STACK
(19) 10 LB. PLATES
QTY 1



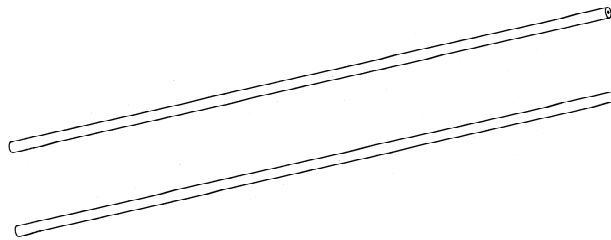
D

TOP PLATE (10 LB.)
QTY 1



E

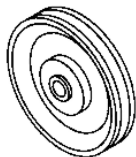
WEIGHT STACK ROD
QTY 1



F

CHROME RODS
QTY 2

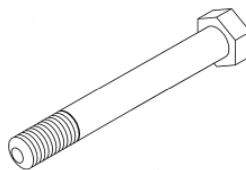
HARDWARE



G
PULLEY
QTY 1



H
PULLEY BUSHING
QTY 2



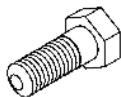
I
M10 x 75MM BOLT
QTY 5



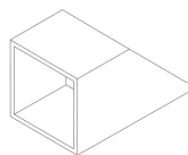
J
M10 WASHER
QTY 10



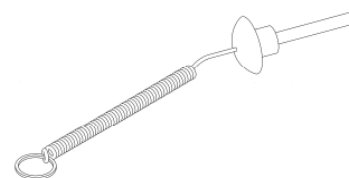
K
M10 LOCKNUT
QTY 5



L
M10 x 25MM BOLT
QTY 2



M
RUBBER SHOE
QTY 3



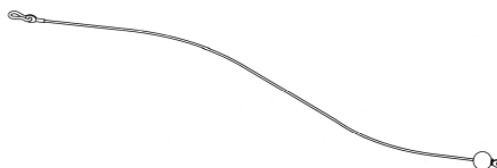
N
WEIGHT STACK PIN
QTY 1



O
RUBBER DONUTS
QTY 2



P
SPRING PIN
QTY 1

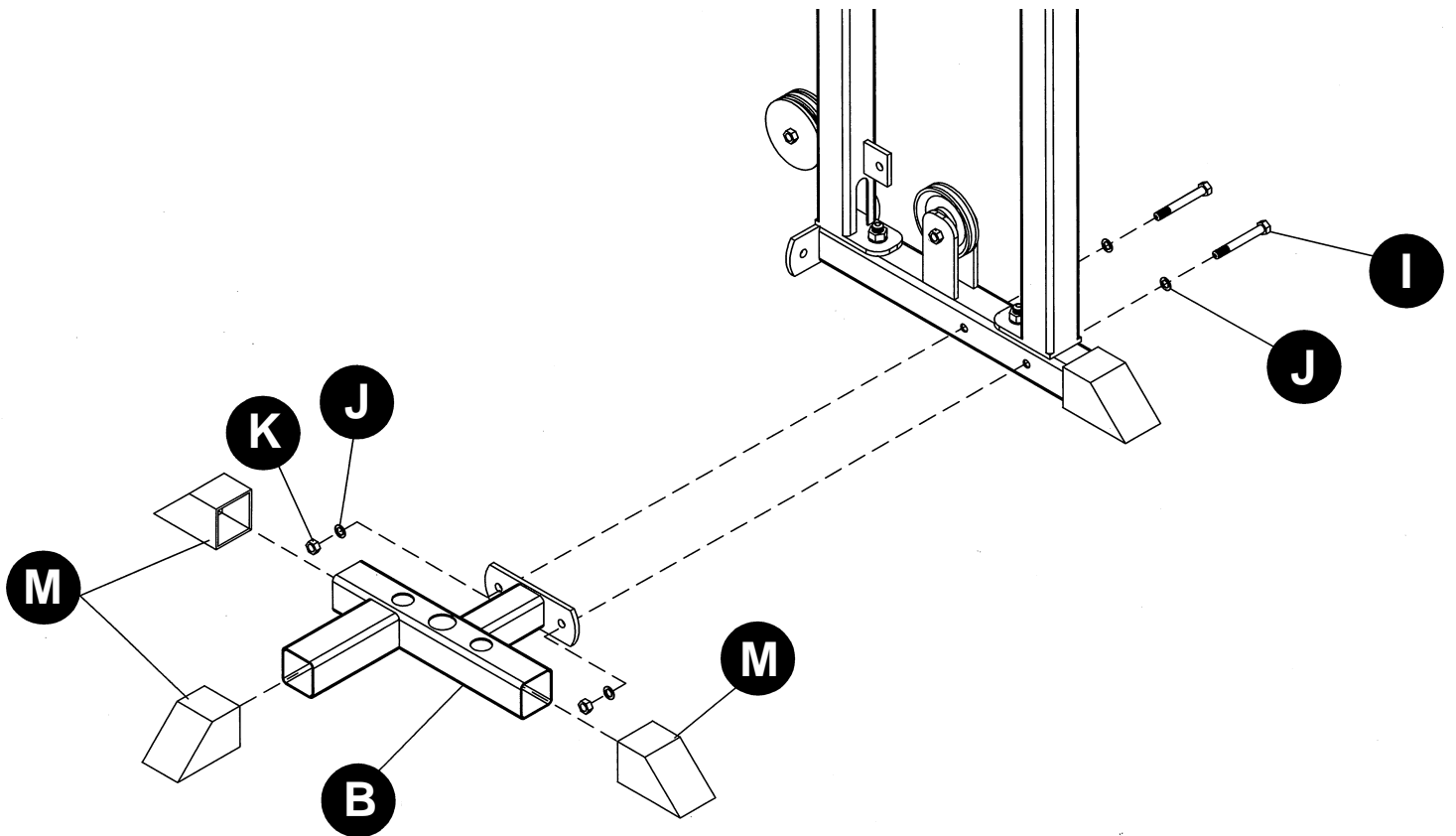


Q
CABLE
QTY 2



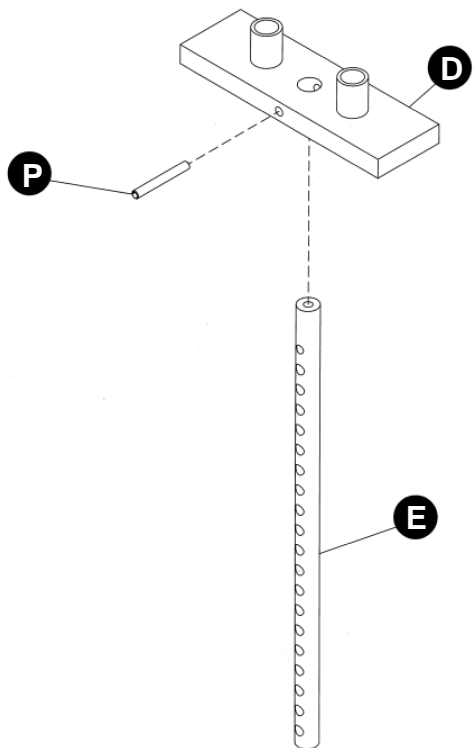
R
WEIGHT STACK
CONNECTOR
QTY 1

WEIGHT STACK BOTTOM FRAME ASSEMBLY

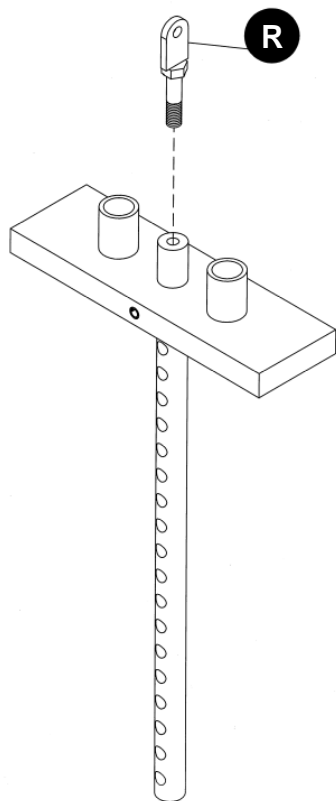


INSTALL THE RUBBER SHOES (M) ONTO THE BOTTOM SUPPORT (B). ATTACH THE BOTTOM SUPPORT (B) TO THE LAT ATTACHMENT USING THE M10 x 75MM BOLTS (I) M10 FLAT WASHERS (J) AND M10 LOCK NUTS (K).

WEIGHT STACK ASSEMBLY

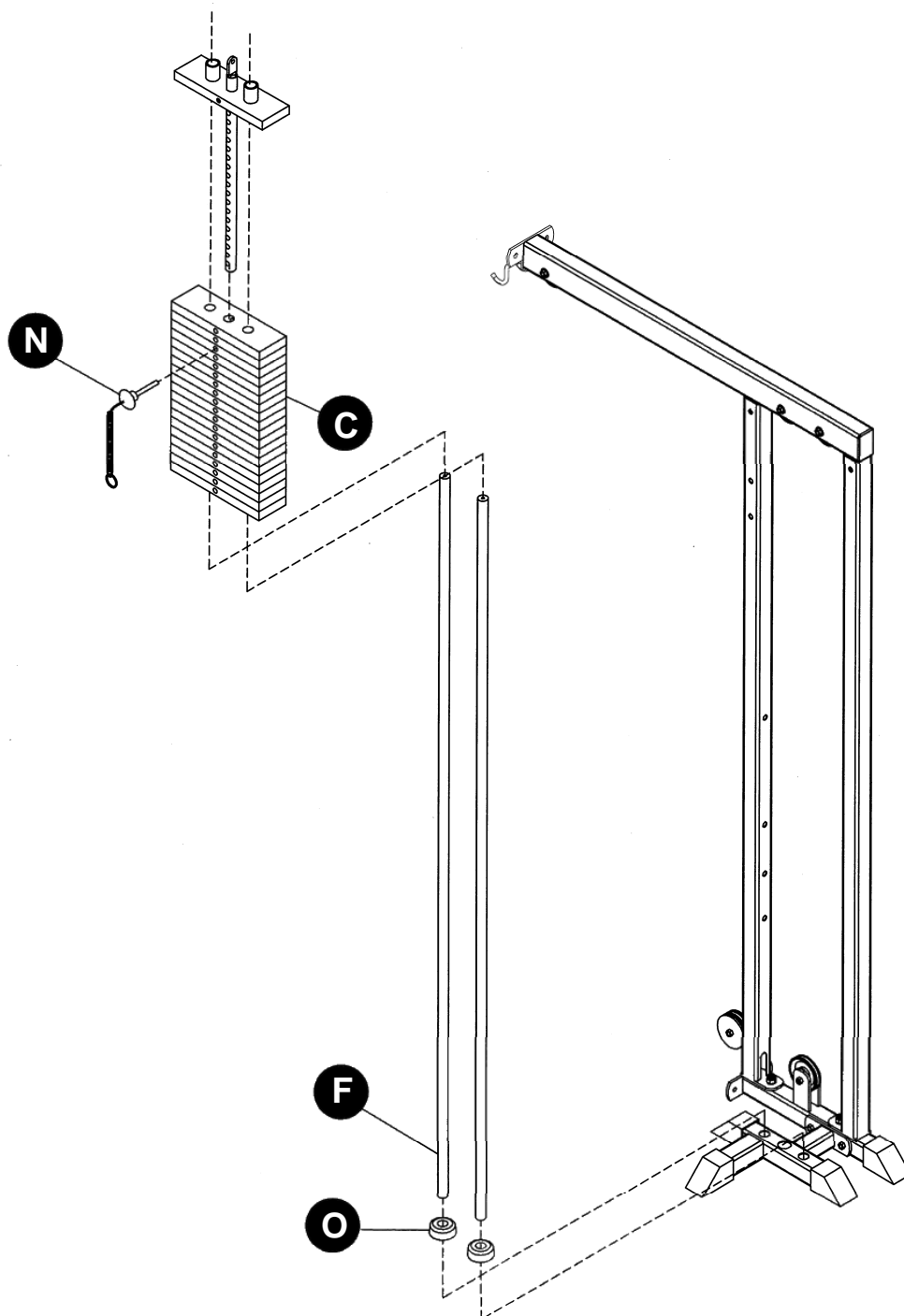


INSERT WEIGHT STACK ROD (E) INTO CENTER HOLE OF TOP PLATE (D) ALIGNING TOP HOLE OF WEIGHT STACK ROD WITH SPRING PIN HOLE. INSERT SPRING PIN (P) AND TAP WITH HAMMER UNTIL FLUSH WITH SURFACE.



SCREW WEIGHT STACK CONNECTOR (R) INTO TOP OF WEIGHT STACK ROD AND TIGHTEN WITH WRENCH.

WEIGHT STACK INSTALLATION

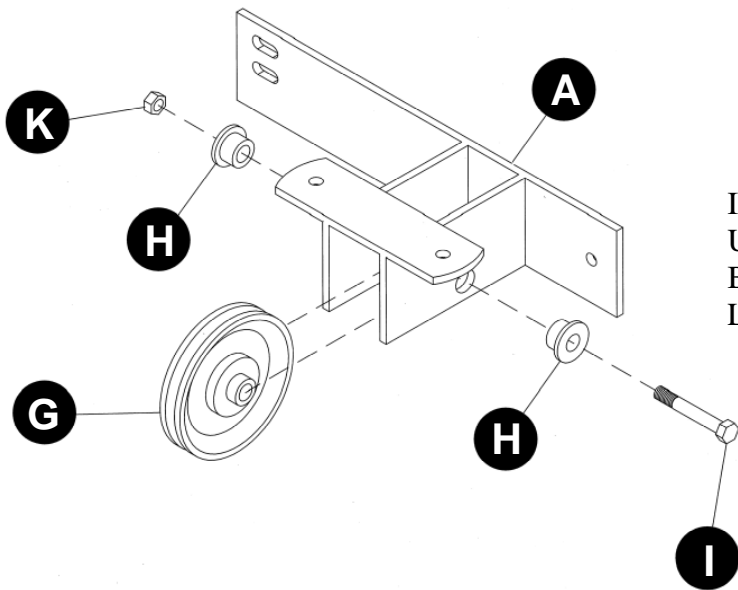


INSTALL THE RUBBER DOUGHNUTS (O) ONTO THE BOTTOM OF THE CHROME RODS (F) , LEAVING APPROXIMATELY 2" PROTRUDING. INSERT THE CHROME RODS INTO THE TWO OUTER HOLES IN THE BOTTOM SUPPORT.

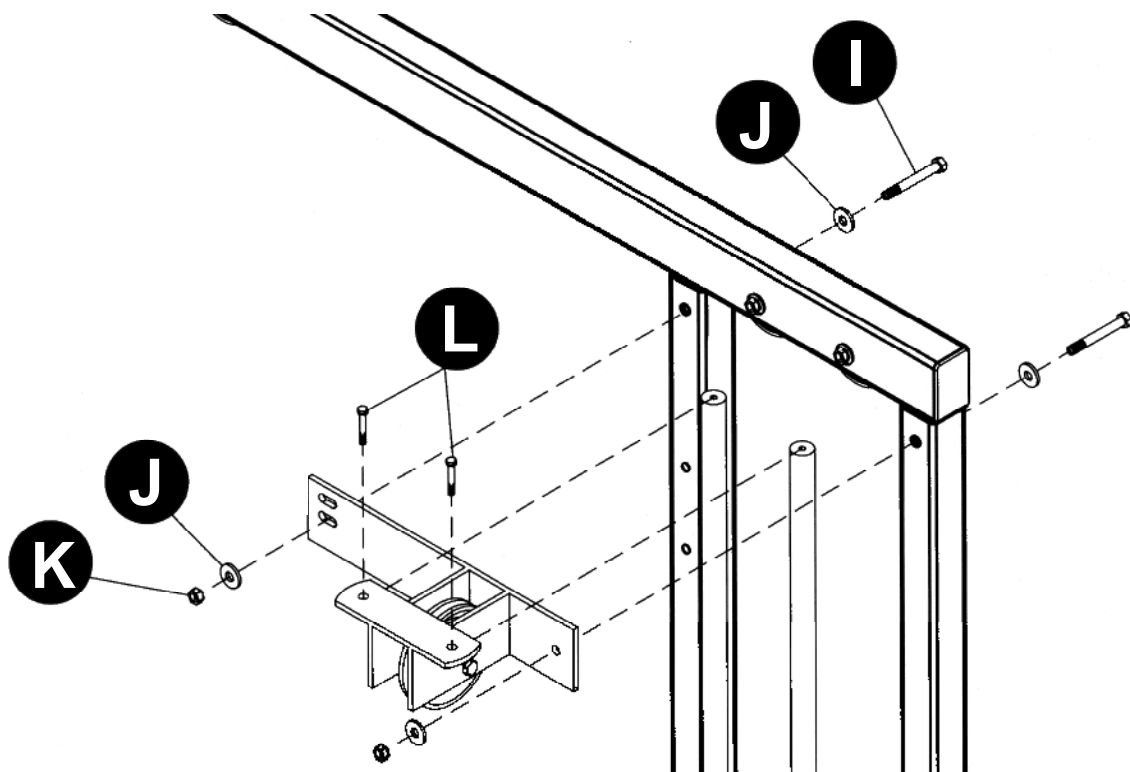
ASSEMBLE THE WEIGHT STACK (C) BY SLIDING EACH PLATE OVER THE CHROME RODS (F) AND ON TO THE BOTTOM SUPPORT.

SLIDE THE SELECTOR ROD/TOP PLATE ASSEMBLY OVER THE CHROME RODS (F) AND THROUGH THE WEIGHT STACK (C). INSERT THE WEIGHT STACK PIN (N) INTO THE WEIGHT STACK (C).

UPPER PULLEY ASSEMBLY INSTALLATION



INSTALL THE 4-1/2" PULLEY (G) INTO THE UPPER PULLEY FRAME (A), USING M10 x 75MM BOLT (I), PULLEY BUSHINGS (H), AND M10 LOCKNUT (K).



REMOVE THE BOLTS, NUTS, AND WASHERS THAT HOLD THE UPPER PULLEY FRAME ASSEMBLY TO THE BODY.

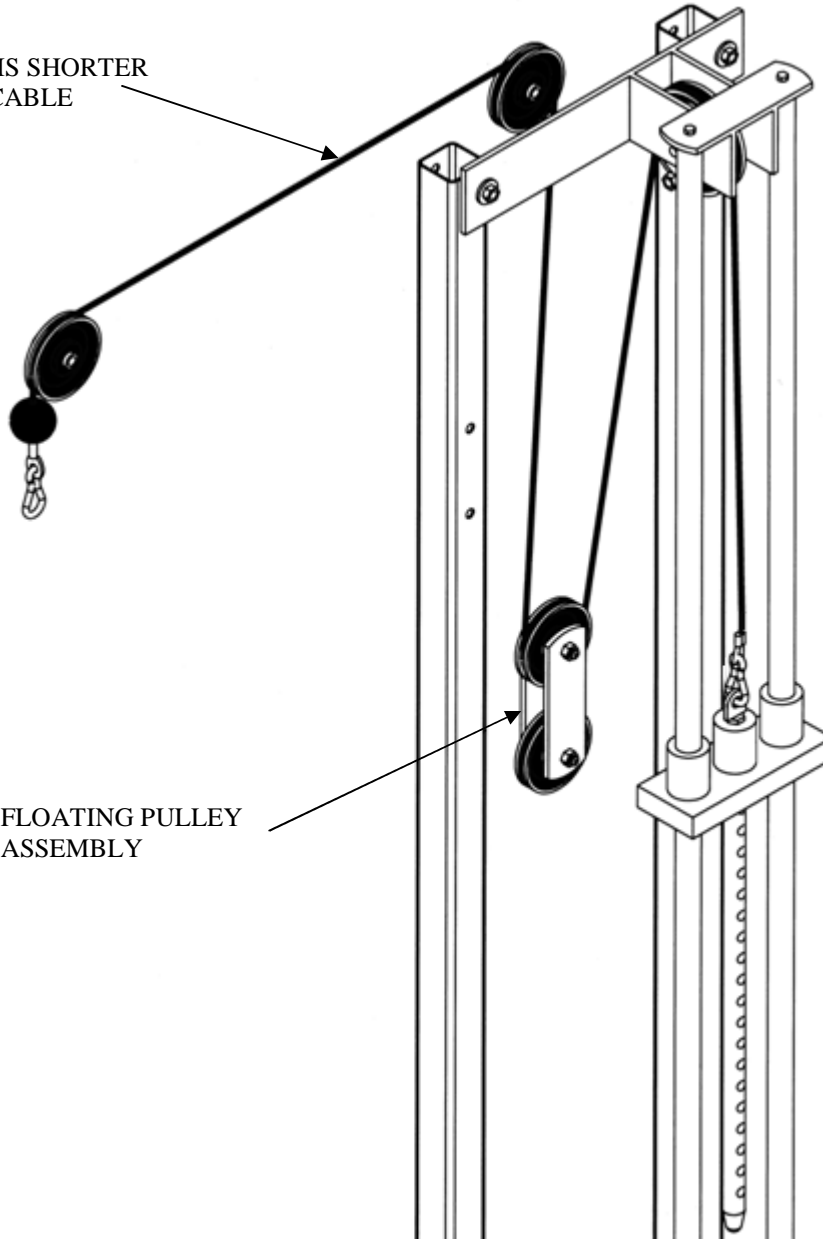
INSTALL THE UPPER PULLEY ASSEMBLY TO THE LAT ATTACHMENT USING M10 x 75MM BOLTS (I), M10 WASHERS (J), AND M10 LOCKNUTS (K).

ATTACH THE UPPER PULLEY ASSEMBLY TO THE CHROME RODS USING M10 x 25MM BOLTS (L).

UPPER CABLE INSTALLATION

UPPER PULLEY FRAME
REMOVED FOR CLARITY

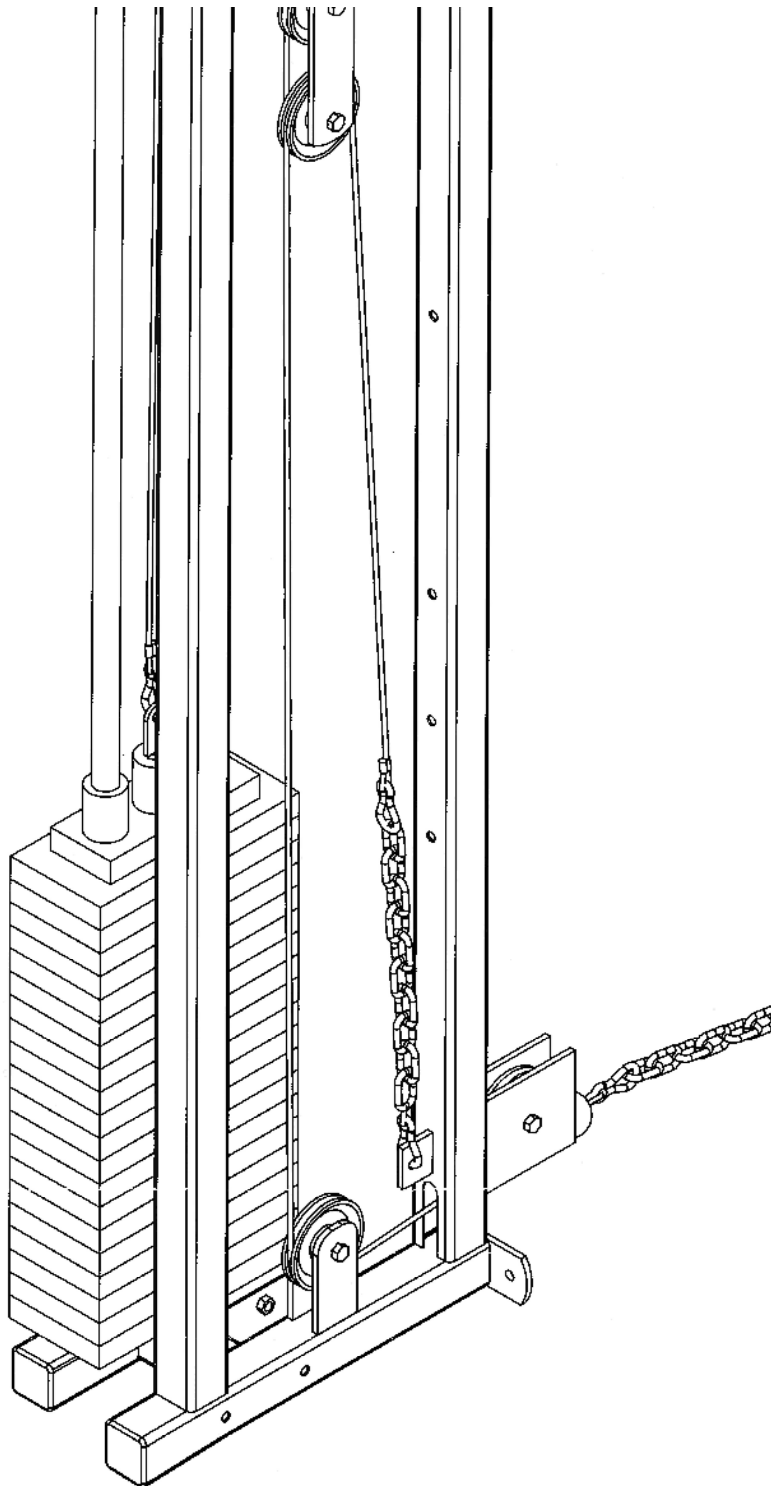
NOTE: UPPER CABLE IS SHORTER
THAN THE BOTTOM CABLE



FLOATING PULLEY
ASSEMBLY

INSTALL UPPER CABLE OVER FRONT PULLEY, BACK TO REAR PULLEY, DOWN TO TOP PULLEY OF FLOATING PULLEY ASSEMBLY, UP TO STACK ASSEMBLY PULLEY AND DOWN TO SELECTOR ROD ASSEMBLY. ATTACH 8MM SNAP HOOK TO END OF CABLE AND THEN TO SELECTOR ROD BRACKET.

LOWER CABLE INSTALLATION



INSTALL LOWER CABLE UNDER FRONT PULLEY AND BACK TO REAR PULLEY. CONTINUE UP AND OVER LOWER PULLEY OF FLOATING PULLEY ASSEMBLY. ATTACH SNAP HOOK TO END OF CABLE AND THEN TO CONNECTING CHAIN. ATTACH SNAP HOOK TO THE OTHER END OF THE CHAIN AND THEN TO FRAME POLE BRACKET. TO ADJUST CABLE TENSION MOVE UPPER SNAP HOOK TO A DIFFERENT LINK ON CHAIN.

SAFETY NOTICE

WARNING: THE USER OF THIS WEIGHT EQUIPMENT ASSUMES THE POSSIBILITY OF INJURY BY EXERCISING ON THIS EQUIPMENT. THE POSSIBILITY OF RISK CAN BE REDUCED BY ALWAYS FOLLOWING THESE SIMPLE RULES:

- 1) BEFORE BEGINNING ANY EXERCISE PROGRAM, CONSULT YOUR DOCTOR FOR A COMPLETE PHYSICAL EXAMINATION AND SUGGESTED EXERCISE PROGRAM SPECIFIC FOR YOU.
- 2) STRETCH BEFORE AND AFTER THE EXERCISE PROGRAM. PROPER STRETCHING WILL PREPARE YOUR JOINTS AND MUSCLES FOR EXERCISE AND HELP AVOID INJURIES.
- 3) IF AT ANY TIME YOU SHOULD FEEL FAINT OR DIZZY, NAUSEOUS OR EXPERIENCE ANY OTHER ABNORMAL SYMPTOMS OR DISCOMFORT DISCONTINUE USE AND CONSULT YOUR DOCTOR.
- 4) DO NOT USE THIS EQUIPMENT WITHOUT QUALIFIED SUPERVISION AND PROPER TRAINING. NEVER WORK OUT ALONE- ALWAYS HAVE A PARTNER.
- 5) SECURELY TIGHTEN ALL BOLTS AND REGULARLY CHECK TO ENSURE ALL BOLTS HAVE NOT LOOSENED.
- 6) WEAR GOOD RUBBER SOLE SHOES ONLY. DO NOT USE BARE FOOTED OR WITH SOCKS ONLY.
- 7) DO NOT WEAR LOOSE CLOTHES SUCH AS ROBES, GOWNS, PANTS, LONG SHIRTS OR JEWELRY WHICH COULD BECOME ENTANGLED IN MOVING PARTS.
- 8) DO NOT STAND OR KNEEL ON SEAT. ALWAYS SIT OR LAY SQUARELY CENTERED.
- 9) KEEP HEAD, LIMBS AND BODY PARTS CLEAR OF MOVING PARTS AND WEIGHT PLATES.
- 10) CHILDREN SHOULD NOT USE EXERCISE EQUIPMENT WITHOUT SUPERVISION BECAUSE OF POSSIBILITY OF INJURY FROM IMPROPER USAGE. THIS EQUIPMENT IS INTENDED FOR HOME USE ONLY.
- 11) REPLACEMENT OF WORN OR DEFECTIVE PARTS MUST BE WITH FACTORY AUTHORIZED PARTS. IF OTHER THAN FACTORY AUTHORIZED PARTS OR ASSESSORS ARE USED ALL WARRANTIES AND LIABILITIES BECOME VOID.